

Would you like to be part of a Men's Shed in Shepton Mallet?

Meeting/Drop In to discuss set up-

Wednesday 7th June 11.00am - 1.00pm

The Club, 29 High Street, Shepton Mallet BA4 5AQ

Come along to our Shepton Mallet Men's Shed meetings. Find out more about this new venture, and get involved!!

What is a Men's Shed?

A men's shed is a space where men come together around practical tasks on a regular basis. A workshop and a space for tea drinking are essential components of a Men's Shed. Men's Sheds appeal to a wide variety of people, such as:

- those who have retired and are looking for new interests
- those who have extra time on their hands and enjoy practical tasks
- Those who enjoy fixing and making things and recycling materials
- those who enjoy other people's company and want to meet others
- those who would like to learn new skills eg woodworking, IT & making tea!

Come along and get involved!!

Contact Di Wiseman on 07538 546125 or email diana.wiseman@nhs.net FFI.



'I feel so much calmer and happier when he's locked in there'